Core Benefits - A minimum of two core benefits must be selected when creating your plan	
Money back benefits Optical	From £30 up to £250
Dental 100 (1yr	From £30 up to £250
Therapy Treatments Physiotherapy, Acupuncture, Chiropractic, Homeopathy, Osteopathy.	From £100 up to £750
Specialist Consultations and Diagnostics	From £100 up to £750
Additional money back benefits	110111E100 dp to E730
Dental Accident 100 1vr	From £60 up to £500
Chiropody	From £35 up to £250
Wellbeing and Alternative Therapies Acupressure, Allergy/Food Intolerance Testing, Aromatherapy, Hypnotherapy, Indian Head Massage, Nutritional Therapy, Reflexology, Reiki and Sports Massage.	From £75 up to £200
Health Screening/Assessment 100 ty	From £100 up to £250
Flu Jab & Vaccinations	From £15 up to £75
Prescriptions 100 1yr	1, 2 or 3 items
Cash payouts	
In-Patient Per night, up to 30 nights per year.	From £10 up to £80
Day Surgery Per day, up to 10 days per year.	From £10 up to £80
Maternity/Paternity/Adoption Per child.	From £50 up to £400
Health and wellbeing Private Health Insurance	\odot
Scanning Service - MRI, CT & PET scans For the policyholder. Following a referral from a Consultant, employees must call our Scanning Helpline on 0345 345 4556 and they will arrange the scan.	\odot
DoctorLine ™	\odot
Expert Medical Opinion/Best Doctors ®	\odot
24 Hour Advice and Information Line including access to My Healthy Advantage app With legal and debt support, speak to a counsellor and online resources.	\odot
Face to face counselling/Structured counselling sessions Six sessions.	\odot
Gym Discounts	\odot
Personal Accident	E10k, E20k, E30k, E40k or E50k
Westfield Rewards	\odot
Togetherall	\odot